Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Monday 07 Aug 2023 until 23:59 on Tuesday 08 Aug 2023

Forecast Issued on Monday 07 Aug 2023 at 04:23 by Met Office Aberdeen

Confidence: High confidence for Monday to Wednesday. Low for timing of rain on Thursday and details on Friday.

Headline for Monday 07 Aug 2023: Cloudy with sunny spells and scattered showers.

Mountain weather hazards on Monday 07 Aug 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Drizzle	Light rain	Light rain showers	Light rain showers	Cloudy	Fog
Precipitation probability					
30%	20%	20%	20%	10%	10%

Forecast for Monday 07 Aug 2023

Weather: Low cloud early morning, some patchy light rain in the west. Cloud lifting with some breaks through the morning, but occasional scattered showers from mid-morning and through the afternoon. Showers becoming isolated in the evening.

Chance of cloud-free hill tops above 800m: 40%

Low Cloud and visibility: Frequent cloud above 500-700m early morning and in the evening, lifting to 800-1000m late morning and in the afternoon with occasional breaks.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Monday 07 Aug 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	16/19 SW	15/19 SW	16/21 W	18/24 W	17/22 W	19/23 W	17/21 W
900	12/14 W	11/15 W	12/17 W	15/21 W	13/18 W	13/17 W	12/16 W
600	13/15 SW	11/14 SW	13/18 SW	15/21 W	14/19 W	12/16 SW	10/14 SW
300	6/8 SW	8/10 SW	7/11 SW	10/15 W	9/14 SW	6/9 SW	5/7 SW
Glen	3/8 SW	5/9 SW	8/15 W	10/18 W	7/15 W	5/11 W	4/9 W

Height (m)	Temperature / Feels Like (°C)						
1300	4/-1	4/-1	4/-1	4/-1	4/-1	4/-2	3/-2
900	6/3	7/3	8/5	8/4	7/4	6/3	6/2
600	8/5	8/6	10/8	10/7	10/7	8/6	8/5
300	10/9	11/10	13/11	13/11	12/11	11/10	10/9
Glen	12/12	14/13	16/14	16/14	15/14	12/12	11/11
Freezing Level*	1600m	1800m	1800m	1800m	1800m	1800m	1700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Moderate UV levels. Largely dry with sunny spells across Arran.

Forecast for Tuesday 08 Aug 2023
Weather: Some low cloud in the early hours and to start the day. Soon breaking up to give a dry day with sunny spells. Clearing skies in the evening.

Maximum wind: West 15 mph gusting 20-25 mph.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Broken cloud 700-900m early morning soon breaking up and lifting above the summits.

Temperature: **Glens:** Plus 8 Celsius rising to plus 18 Celsius.
At 800m: Plus 8 Celsius.
Freezing level: Above the summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.